



DANCE CURRICULUM 2025-26

CLASS	SET 1	SET 2
BALLET	Classical Ballet Basic Traditional Ballet Technique including - Barre, Centre Practice, Adage, Pirouettes, Allegro and Basic Batterie Exercises Floor Barre / Foot Strengthening and Placement Progressive Ballet Technique	Classical Ballet More advanced Traditional Ballet Technique including - Barre, Centre Practise, Adage, Pirouettes, Allegro and Basic Batterie Exercises Floor Barre / Foot Strengthening and Placement Ballet Repertoire Progressive Ballet Technique
JAZZ	Core work Strength and Stretch Basic Jazz Technique Commercial Jazz	Mattox Core work Strength and Stretch Technical Jazz Commercial Jazz Broadway Jazz Lyrical Jazz
TAP	Basic Tap Steps Rhythms and Amalgamations Pick-ups and Wing Preps / Two Feet wings Time Steps	English Tap & American Tap Advanced Time Steps Speed work Rhythm and Musicality Pick-ups, Wings Turning Steps, Toe to Heel clips Show Choreography
	Martha Graham Horton Basic Contemporary Technique Improvisation Choreography Motif and Development	Martha Graham Horton Improvisation Choreography and Performance Contemporary Technique Story Telling Through Movement